Questions to answer before you move in together

By Life Kit and Kiana Lewis, sex educator and pleasure mentor

If you’re considering moving in with a partner, take some time to fill out this survey. Then share your results with each other. Your responses can act as a guide to make sure you’re prepared to move in together.

Bonus: Print out an extra copy and fill it out the way you imagine your partner would – see if your answers match up with theirs.

Follow up: Six months into living with each other, fill the survey out again. Have your answers changed?

Sleep

1. What time do you go to bed?

2. Does the time you go to bed differ between work days and off days?

3. Are you a morning person or a night owl?

4. What do you need to do before bed to get ready for sleep?

5. Do you listen to music, a podcast, or meditation to go to sleep?
6. How dark do you need it to be?

7. What temperature do you sleep best at?

8. Do you have trouble sleeping?

9. What do you do if you can’t fall asleep?

10. What time do you wake up? Is it the same every day or different?

**Chores**

1. What do you consider to be the most important chores in a household?

2. What chores do you enjoy doing?

3. What chores do you not enjoy doing?

4. How do you want to split chores with your partner?

5. How will you know if your plan for chores isn’t working?

6. What do you need to feel appreciated at home? (A thank you, toilet paper always on the roll, etc.)

7. What is the difference between clean and organized in the home? Which is more important to you?

**Money**

1. How much money do you make?

2. What do you consider to be household expenses?
3. How will you split household expenses with your partner?

4. How will you split rent and utilities?

5. How was money talked about/handled when you were growing up?

6. What do you like to spend money on?

7. How much are you willing to spend on household items (furniture, food, toiletries, etc.)?

8. Do you plan to combine finances at all (shared bank account, shared savings, etc.)?

9. What's your biggest worry/insecurity around money?

**Sex and Intimacy**

1. What time of day is your libido usually high?

2. How often do you need to be intimate to feel connected to your partner?

3. How do you like to initiate sex?

4. What is your favorite non-sexual form of intimacy?

5. Do you think your sex life will change when you move in together? How so?

**Alone Time**

1. What is your definition of alone time?

2. How much alone time do you need in a day? In a week?

3. How will you ask for alone time?
4. What do you like to do when you’re alone?

5. Do you like to discuss alone time activities or is it important to you to keep some things to yourself?

6. How can you tell if you need alone time?

Quality Time

1. What counts as quality time for you?

2. Do you like to plan dates?

3. What is your expectation for how much quality time you’ll spend with a partner per week?

4. How do you envision communicating about your schedule?

5. Do you want to know where your partner is when they aren’t home?

6. What communication do you expect around inviting guests into your home?

7. Is alone time with guests (friends, family) important? How will we communicate if we want to visit with someone on our own in our shared space?